

MEATS

Turkey Chorizo
Hard Salami
Italian Sausage
Prosciutto Ham
Sausage Link or Patty
Smoked Applewood Bacon
Smoked Black Oak Ham
Turkey Bacon
Turkey Sausage

CHEESES

American
Bleu Cheese
Cheddar
Feta
Monterey Jack
Fresh Mozzarella
Swiss
Goat Cheese +1

BREADS

Sourdough
Biscuit
Rye
Raisin
Wheat
Plain or Everything
Bagel +1
Flour, or
Corn Tortilla
Croissant +1
Wolferman's
English Muffin
Gluten-Free Bread +1

VEGETABLES

Arugula
Asparagus
Avocado
Basil
Black Olive
Breakfast Potato
Broccoli
Cilantro
Garlic
Granny Smith Apple
Green Pepper
Jalapeño
Kalamata Olive
Mushroom
Pesto Sauce
Red Onion
Roasted Red Pepper
Red Onion Chutney
Spinach
Tomato
Sauerkraut

ON THE SIDE

Egg, any way* 1.49
Toast 1.69
Breakfast Potatoes 1.99
Hash Browns 1.99
Chorizo or Mushroom Gravy 1.29
Meat 2.99
Corned Beef Hash 3.79
Grits 2.49
Smoked Salmon 4.99
Cottage Cheese 1.99
Fruit 2.49
Fruit Bowl 4.99
Bagel or Croissant 2.49
Baked Muffin 1.99
Empanada 2.99
Strawberry or Blueberry

All it's cracked up to be!



OPEN DAILY 6:30AM TO 2:30PM

We accept major credit cards
for dine in and carry out

GOURMET DELICACIES

enjoy the
freshest
and finest!

Egg white or
cholesterol-free egg
alternative available
upon request for any of
our egg dishes

breakfast

THE CLASSICS

Eggs served to order*

THE CLASSIC BREAKFAST

Two eggs*, bread and a side
With breakfast meat 8.99
With corned beef hash 9.99
With chicken fried steak 11.99
With steak* 12.99
With pork chop 10.99
With 2 pork chops 13.99

Add a pancake or piece of french toast +1
Add a waffle +3

SWEET STACKS

BELGIAN WAFFLE 6.99

PANCAKES (3 buttermilk
or multigrain cakes) 6.99
With bananas, walnuts, granola,
blueberries, chocolate chips or
ricotta cheese 7.99

FRENCH TOAST

3 sourdough, wheat bread or 4
raisin bread 6.99

A LA CARTE FRENCH TOAST
OR PANCAKE 2.29

BUTTERS & SPREADS

Plain or Honey Butter
Plain or Guava Cream Cheese
Sweet Mascarpone Cheese
Lemon Cream

SYRUPS

Infused Honey
Maple
Sugar-Free Maple
Pure Maple +1

COMPOTES +1

Blueberry
Strawberry

Add a scoop of
vanilla ice cream +1

BANATELLA FRENCH TOAST

Sliced bananas and chocolate
hazelnut spread sandwiched
between two slices of
sourdough french toast topped
with chocolate sauce and
powdered cinnamon sugar 6.99

LEMON CREAM
FRENCH TOAST

Topped with blueberry compote 6.99

OMELETS & FRITTATAS

(an open faced omelet)

Served with bread, and a choice of breakfast potatoes, hash browns or fruit. Substitute grits or cottage cheese for +1

BUILD YOUR OWN OMELET 5.99
Each additional ingredient .99

CHILI CHEESE

Beef chili and cheddar topped with
sour cream and onions 8.99

COBB

Bleu cheese and monterey jack with
chunks of bacon, avocado and
walnuts 8.99

MEDITERRANEAN CHICKEN OMELET

Seasoned grilled chicken, tomatoes,
onions and feta, tossed in tahini sauce
9.99

ATHENA'S

Feta, kalamata olives, tomatoes
and red onions with a balsamic
vinegar reduction 8.99

PEQUENAUD

Sausage, cheddar and potatoes topped
with red onion chutney 8.99

RANCHERO

Chorizo with cheddar and black beans,
topped with sour cream, mango salsa
and cilantro 8.99

SALUBRIOUS

Monterey jack, swiss, asparagus, black
olives, mushrooms and red onions
topped with red onion chutney 8.99

APPLE & GOAT CHEESE

Creamy goat cheese with
Granny smith apples, walnuts
and red onion chutney 9.99

SPINACH AND FOUR CHEESE

A blend of monterey jack, swiss, cheddar
and feta with fresh spinach 9.99

SPICY ITALIAN

Italian sausage and salami with
monterey jack, tomatoes and
red onions 9.99

PHILLY CHEESE STEAK OMELET

Thinly sliced steak, onions, green
peppers and American cheese 9.99

SRIRACHA CHICKEN & VEGGIE

Roasted chicken, onions,
roasted red peppers and broccoli
cooked in a spicy sriracha sauce
and topped with monterey jack
and cheddar 9.99

THE FINISH LINE

Feta, turkey sausage, avocados,
spinach and diced tomatoes with
egg whites 9.99

GARDEN OF EDEN FRITTATA

Cheddar, potatoes, broccoli,
mushrooms, onions and
roasted red peppers topped with
spicy salsa and basil 9.99

SALMON AND
GOAT CHEESE FRITTATA

Smoked salmon, goat cheese,
potatoes and onions sprinkled
with fresh basil 10.99



PARISI
ARTISAN COFFEE

*Item may be cooked to order. The FDA warns that consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

18% gratuity will be added for parties of six or more plus sales tax.
Corporate charge accounts arranged. We are a smoke-free and vape device-free restaurant

breakfast

ALTRI *Delicious Alternatives*

CREATE YOUR OWN POTATO SKILLET*

A skillet full of breakfast potatoes or hash browns and your choice of ingredients topped with an egg 5.19
Each ingredient .99

EGGS BENEDICT*

An english muffin topped with smoked black oak ham, corned beef or turkey, two poached eggs and hollandaise. Served with a side 10.99

Sub smoked salmon +2.99

Sub corned beef hash +1

Florentine with avocado, spinach & tomatoes 10.99

SOUTHWESTERN BENNY

A biscuit topped with a sausage patty, scrambled eggs and chorizo gravy. Served with a side 8.99

BISCUITS AND CHORIZO GRAVY

Served with breakfast potatoes or hash browns 5.99

THE ROCKIES BENNY

A grilled croissant topped with ham, cheddar cheese, grilled peppers and onions, scrambled eggs and hollandaise. Served with a side 8.99

QUICHE

Served with a side 7.99

BREAKFAST TACOS

Scrambled eggs, monterey jack and cheddar, black beans, jalapeños, onions, tomatoes and avocados on three corn tortillas, with a side of sour cream, mango salsa and lettuce. Served with a side 8.99

BREAKFAST PIZZA

(big enough to share)

Topped with monterey jack and cheddar, chorizo gravy, scrambled eggs, diced tomatoes, green peppers and red onions, served on a cauliflower crust 9.99

AVOCADO TOAST BREAKFAST

Wheat toast, topped with fresh avocado spread, arugula, sliced fresh mozzarella, sliced tomatoes and a balsamic glaze drizzle. Served with 2 eggs & a side 10.99

DESPIERTO BURRITO

Scrambled eggs, cheddar, chorizo and onions wrapped in a tortilla and topped with sour cream, mango salsa and cilantro. Served with breakfast potatoes or hash browns 8.99

HUEVOS RANCHEROS

Two eggs topped with salsa, black beans and cheddar. Served with a tortilla and breakfast potatoes or hash browns 8.99

BAGEL AND LOX

A bagel served with smoked salmon, sliced tomatoes, red onions, capers and cream cheese 10.99



Egg white or cholesterol-free egg alternative available upon request for any of our egg dishes

Where potatoes or hash browns are served, you may substitute fruit for 1.00

EGG SANDWICHES

All served with your choice of breakfast potatoes, hash browns or fruit

BELT

Bacon, fried egg, lettuce and tomato on sourdough bread with a side of herb mayonnaise. 8.99

PRIMO

Your choice of meat with one scrambled egg, cheddar and your choice of bread. 8.99

On a pancake or french toast 9.99
On a waffle 11.99

SUNRISE*

One egg sunny side up topped with goat cheese, sautéed spinach, onions and served open-faced on wheat toast. 9.29

TURKEY FLORENTINE

Sliced turkey, scrambled eggs, swiss, spinach, avocado and tomatoes on wheat with a side of hollandaise. 9.29

SICILIAN

Hard salami, prosciutto, fried egg, mozzarella, basil, lettuce and tomato on sourdough bread with a side of herb mayonnaise. 9.29

CREPES

CREPE CENA

Sautéed spinach and onions in a scrambled egg-filled crepe topped with hollandaise and garnished with crisp bacon. Served with breakfast potatoes 8.99
Substitute fruit for +1

CREPE SALMON & GOAT CHEESE

Smoked salmon and goat cheese in a scrambled egg-filled crepe topped with hollandaise, capers and diced tomatoes. Served with a side 10.99

CREPE DOLCE

Guava cream cheese and strawberries in a crepe drizzled with a light mango sauce and topped with whipped cream, candied pecans and fresh mango 8.29

CREPE MASCARPONE

Sweet mascarpone-filled crepe topped with strawberry purée and whipped cream 8.29

HEALTHY SELECTIONS

Ask server for other flavors or additions

FRESH FRUIT & GRANOLA

Served with yogurt and a muffin 6.99

FRUIT PARFAIT

Your choice of yogurt or heart-healthy cottage cheese layered with fruit and served with a muffin 6.99

OATMEAL

Cooked in water with brown sugar and served with fresh fruit 5.99

SWEET COUSCOUS

Semolina of wheat prepared with brown sugar and cooked in low-fat milk. Served with fresh fruit 5.99

lunch SANDWICHES

Served with french fries, sweet potato fries, cottage cheese or fruit. Substitute a side salad or soup for +1

CHEESEBURGER* OR CHICKEN BREAST

An 8 oz black angus beef patty or an 8 oz grilled chicken breast topped with American cheese, lettuce, tomato, pickles, and onions on a ciabatta bun 8.99

- Make it farm style (add chili & an egg) 9.69

- Make it with goat cheese & arugula 9.99

- Make it spicy chipotle style (monterey jack, jalapeños, & chipotle spread) 9.69

- Make it BBQ (citrus BBQ sauce) 9.69

MEDITERRANEAN STREET TACOS

Seasoned grilled chicken and tahini sauce on three flour tortillas topped with feta, lettuce, onions, tomatoes served tzatziki sauce 9.49

REUBEN

Corned beef or turkey with swiss cheese topped with sauerkraut & 1000 island dressing on rye toast 8.99

EGGTC CLUB

Turkey, corned beef, bacon, monterey jack, cheddar, lettuce and tomatoes on wheat 9.49

WRAPS

Make any salad a wrap for 1.00 more with french fries, fruit or sweet potato fries

Pressed Sandwiches

TURKEY AVOCADO PESTO

Turkey, arugula, avocado, basil pesto, swiss cheese & tomato on toast 8.99

CUBANO

Ham & Swiss cheese, spinach, pickles, mustard and herbed mayo on Cuban roll 8.99

MEDITERRANEAN VEGGIE

Roasted red pepper, red onions, feta, kalamata olives, herbed mayo, tomatoes & spinach on wheat toast 8.99

STEAK & CHEESE

Thinly sliced beef, grilled onions, American cheese, horseradish spread on sourdough toast 9.49

SOUPS & SALADS

Served with grilled bread.

SALAD DRESSINGS: Tropical Mango Vinaigrette, Caesar, Ranch, Thousand Island, Honey Mustard, Italian, Raspberry Vinaigrette.

SPICY BEEF CHILI OR SOUP OF THE DAY

Ask your server 3.99

SOUP & SIDE SALAD 7.99

SIDE SALAD

Tomatoes, cucumbers, red onions, monterey jack, and Italian croutons on romaine 4.99

STEAK SALAD*

Sliced steak, crumbled bleu cheese, marinated tomatoes & cucumbers, walnuts on romaine 9.49

AVOCADO MANGO SALAD

Avocado, mango and candied pecans on romaine 9.49

CHICKEN CAESAR SALAD

Grilled chicken, red onions, Italian croutons and romaine lettuce tossed with caesar dressing 8.99
Add bacon chunks +1

STRAWBERRY FIELDS SALAD

Strawberries, goat cheese, candied pecans and spinach 9.49

GREEK SALAD

Feta cheese, kalamata olives, tomatoes, red onions and Italian croutons on romaine 8.99

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